

# A PERFECT DAY FOR THE BEACH



**TARBIYAH**  
تربيه

THE TARBIYAH SERIES

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THE WORLD  
FEDERATION  
OF KSIMC



*To Imam Zayn al-Abidin (a)  
who has given us a  
treasure of du'as*



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# A perfect day for the beach



Illustrated by:  
**Mahsa Bana Kermani**

Safiyyah's plan to go to the beach was ruined!





Oh no, Mum! Look!  
Why does it have to rain  
when we have planned an  
awesome day out?

Sometimes Allah has a better  
plan for us, sweetheart.

Safiyyah couldn't understand what her  
mum was saying.



She returned to her room feeling very sad.

'Knock! Knock! Knock!' she heard.

She looked around wondering where the sound was coming from.

'Knock! Knock! Knock! Knock!' she heard again.

Safiyyah walked towards her bedroom window.

'Let me in please,' said Sarah the sparrow. 'It's cold and wet outside.'





Knock

Knock

Knock

'Salamun alaykum Sarah,' said Safiyyah sadly.

'Alaykum salam,' replied Sarah. 'Why are you so sad?'

'I wanted to go to the beach for a picnic and now it's raining,' explained Safiyyah.

'Why don't you make a *du'a* and ask Allah for a perfect beach day?'

'Really? I can ask Him for that?'

'Of course you can!' replied Sarah. 'Allah says in the Qur'an:

أَدْعُونِي أَسْتَجِبْ لَكُمْ

Call Me, and I will answer you.'

(Surat al-Ghafir 40:60)





Safiyyah closed her eyes and prayed for a day that would be perfect for a beach picnic.

It rained all day and all night. Even the next day there was no hope for a picnic at the beach.

Safiyyah raised her hands and begged Allah again. She asked Him to bring out the sunshine so she could visit the beach, collect shells, build sandcastles, and practice swimming.





While it was raining,  
Safiyyah and Sarah painted and made *du'a* ...



ate fruits and made *du'a* ...



sang rhymes and made *du'a* ...



read a big green book of stories and made *du'a* ...

There was one story they liked very much. A long time ago in Medina there was no rain for many days. Everything became very dry. Rasulullah (s) prayed a special prayer for rain and it rained so much that there was lots of water for the plants, animals, and people.







The next day, Sarah the sparrow came back to visit Safiyyah. 'I've been making *du'a* for two days now. Why hasn't the rain stopped yet?' she asked.

Sarah smiled and replied: 'Do you remember how I was knocking on your window two days ago? I knocked and knocked and after a while, you opened the window for me. Just like that, when we ask Allah, He sometimes makes us wait a while before giving us what we want. Maybe He wants to hear our sweet voices making *du'a* for longer. Maybe He wants to give us something different or something even better than what we ask for.'

'Hmm, that's something to think about,' said Safiyyah.

Finally, on Friday night the rain stopped and on Saturday the sun smiled brightly in the sky!

'Safiyyah, we can go to the beach today!' smiled Dad.

'*Alhamdulillah!*' cried Safiyyah.

'And ... your cousin Zahra has just come from London so we will take her too.' said Dad.

'Wow!' shouted Safiyyah. 'This is going to be the best beach picnic ever!'





Safiyyah ran to her room. She raised her hands and thanked Allah for answering her *du'a*. She remembered her mum's words: sometimes Allah has a better plan for us. Now she understood what that meant. Safiyyah had to wait a few days for her *du'a* to be answered, but what she got was even better than what she had first asked for!

*What did Safiyyah ask for and what did Allah give her?*









Safiyyah and Zahra played all morning at the beach. Safiyyah did all the things she had planned to do. It was much more fun with Zahra than it would have been without her.



At noon, the girls sat down to have a snack.

'My little brother Qasim has a fever,' said Zahra sadly. 'That's why he couldn't come with us today.'

'Aww,' said Safiyyah. 'Let's make a *du'a* for him to get better!'

'Yes, let's do that,' smiled Zahra.

The girls raised their hands to make *du'a* for Qasim and everyone else who was ill.

*Can you think of someone you could make *du'a* for today?*





# Wow Wonderful Whys

## Why do we make *du'a*?

*Du'a* means to ask Allah for something.

There is nothing that Allah can not do. Allah can do anything we can think of. He can also do things we can't think of or imagine!

Rasulullah(s) used to ask Allah for help in everything, be it small or big. As Muslims, we should remember Allah and make *du'a* in times of happiness and sadness.







## Happy Hadith

Rasulullah (s) has said: 'Ask Allah for whatever you need, even if it is a shoe lace.'







# Du'a! Du'a!

أَمَّنْ يُجِيبُ الْمُضْطَرَّ إِذَا دَعَاهُ وَيَكْشِفُ السُّوءَ

Who else answers the worried person when he calls Him and then takes away his worries?

(Surat an-Naml, 27:62)

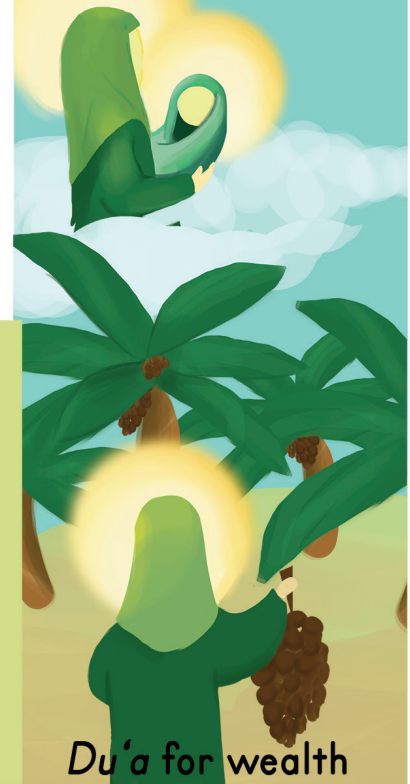
In this *ayah*, Allah says that only He can answer *du'as* and make worries go away. This *ayah* is recited often for those who are ill or in difficulty. You may have heard it recited at the *masjid*.

# Adorable Ahlul Bayt

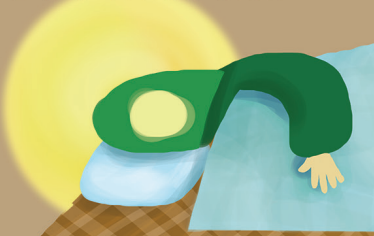
## *Sahifah Sajjadiyah*

This is a book of beautiful *du'as* that teach us how to request things from Allah and how to behave.

*Du'a* for children



*Du'a* when sick



*Du'a* for parents



*Du'a* for wealth

Imam Zayn al-Abidin (a) used different *du'as* to ask Allah for different things.

His children and close friends  
wrote down these *du'as*.



These *du'as* are collected in a  
book called *Sahifah Sajjadiyyah*.

# Time for Rhyme



When you're happy and you know it, make *du'a*  
When you're happy and you know it, make *du'a*  
When you're happy and you know it, you know Who to thank for it  
When you're happy and you know it, make *du'a*



When you're sad and feel bad, make *du'a*  
When you're sad and feel bad, make *du'a*  
When you're sad, and feel bad, *du'a* sure will make you glad  
When you're sad and feel bad, make *du'a*

When you're feeling all confused, make *du'a*  
When you're feeling all confused, make *du'a*  
When you're feeling all confused and you don't know what to do  
When you're feeling all confused, make *du'a*

No matter what the deal, make *du'a*  
No matter what the deal, make *du'a*  
No matter what the deal, just tell Allah how you feel  
No matter what the deal, make *du'a*!

And everywhere you go, make *du'a*  
With everything you do, make *du'a*  
Make *du'a*, make *du'a*, make *du'a*, make *du'a*,  
Just keep asking from Allah, make *du'a*!



# Power Parenting

There are two modes for *du'a*:

- ▶ Formal *du'a*
- ▶ Informal *du'a*



Formal *du'as* are the ones that have been taught to us by the *ma'sumin* and may have a recommended time, place, and etiquette for reciting them.

Informal *du'as* are the ones we can make anytime, anywhere, and in our own words. Involve your child with you in both these modes of making *du'a* by doing the following:

Rasulullah (s) has told us that we should make *du'a* right after praying our *wajib salahs*. He has explained that this is one of the prime times for acceptance of *du'a*.

Encourage your child to sit with you facing *qiblah* after you have offered a *wajib salah*. Recite a short *du'a* with your child and discuss its meaning. Explain to them the importance of asking Allah using the *du'as* that the *ma'sumin* have taught us, because their knowledge makes the *du'as* complete and very appropriate.

During the week, say your informal *du'as* out loud so that your children may hear you. You may pray spontaneously for someone's health or ask Allah for help with a task at hand. Let your child hear this and ask them to join in by saying their informal *du'as* out loud too.

This way you can develop a *du'a* culture in your lives where you will be asking Allah for all things big and small as mentioned in the section on Happy Hadith.

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Safiyyah makes *du'a* for a perfect day to go to the beach but somehow that just isn't happening. She cannot understand why until Sarah the sparrow explains it to her ...

