

Lesson 4 | Communicating with Allah through Salaah | Salaah & Buoyancy

Discuss the ascension of a person through salaah as prescribed by the Holy Prophet (s) in which he says “as salaah al me’raj al mu’min”.

This activity is adapted from www.tjannah.com:

What you’ll need – 1 tall clear tumbler wide enough to accommodate one egg | one egg | permanent marker | five small containers | stickers to label the containers | chopstick or skewer to stir | water | 17 tsp of salt

Process –

- 1) Label each container with the name of one salaah (Fajr, Dhohr, Asr, Maghrib, Isha)
- 2) Pour the number of rakaat in the form of salt into each container
 - a. Measure 2 tsp of salt and pour into the Fajr container (2 rakaat = 2 tsp of salt)
 - b. Measure 4 tsp of salt and pour into the Dhohr container (4 rakaat = 4 tsp of salt)
 - c. Repeat accordingly for each salaah
- 3) Draw the face of a person on the egg and give him/her a name
- 4) Fill 3/4 of the tumbler with water and gently drop the egg person in it
- 5) Discuss the egg sinking as this person hasn’t prayed his/her salaah yet
- 6) Begin to pour each container of salt into the tumbler and gently stir the water and egg; you will see the egg begin to rise
- 7) Discuss the performance of salaah as a means to reach higher ranks to Allah hence the “me’raj”