

Understanding Salah

When we recite our salah with a pure heart and humility it teaches us to be humble.

Activity

Consciously showing an act of humbleness a day

You will need:

Card stock

Magnets

Markers

On top of the Blackboard/white board in big letters write:

I CAN BE HUMBLE TODAY BY...

1. Ask the class to brainstorm ways in which they can be humble.
2. Write all the ideas on the board

Some ideas:

Teach someone something today

Help my sibling with homework

Help my dad take out the garbage

Forgive someone

Be thankful

Serve a glass of water to an old person

3. Hand out different colour card stock to the students and ask them to cut them out in small squares, approx. 6cm by 6cm
4. Ask them to pick 7 items of a humble behaviour from the board
5. Write each behaviour they have picked on a different piece of card
6. Stick a small piece of magnet at the back of each card
7. Take the cards home and place them on the refrigerator
8. Each day, for the next 7 days, pick one act of humbleness and try and achieve it by the end of the day.
9. Ask yourself: Is Allah pleased with me?