

Controlling the powers of the soul – read and listen to links and discuss the questions below with your class mates, then make a mind map (use drawings and words- examples on the next pages...) to summarize the points about Nafs.

<https://www.youtube.com/watch?v=FMgkzQf1S0E>

<http://www.islamicinsights.com/religion/clergy-corner/purification-of-the-soul.html>

What is the soul/Nafs?

What are the different types of Nafs?

Look at the verse in Surah Shams (91:1-10), who are the successful ones? Why do they do to be successful?

What is “purification of the soul?” why is it important to purify our soul?

What are the hidden filths that make our soul impure?

What happens if the nafs is left untamed? What could happen?

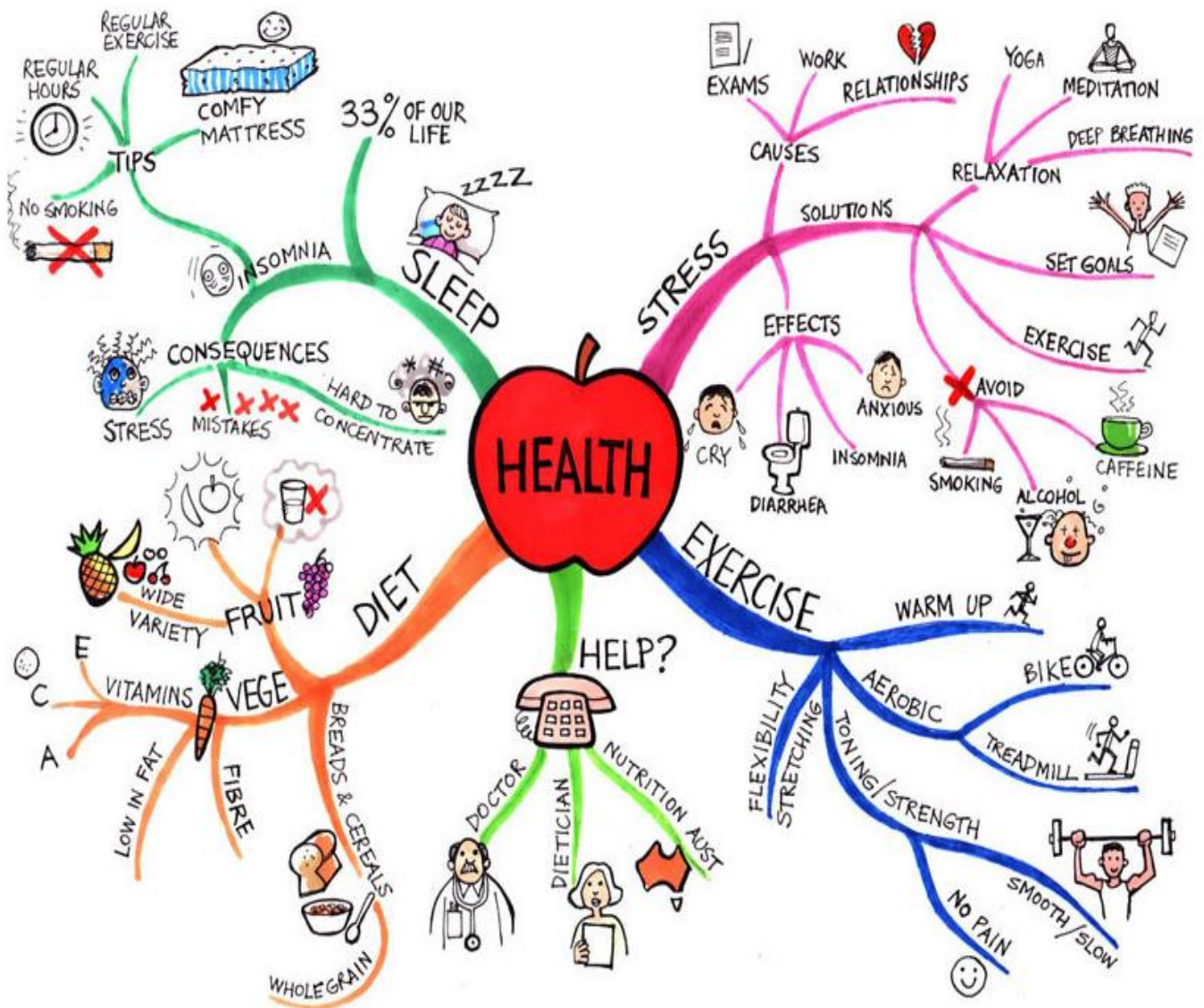
How are some ways of purifying our soul?

What have the Ma’sumeen, told us about purifying the soul? (Any hadith or saying)

What are some things that can prevent us from purifying our soul?

Can we do this purification all by ourselves? Find a dua that the Ma’sumeen have taught us, to recite to seek Almighty’s help in purifying our soul?

Example about mind mapping: <http://oregonstate.edu/tac/how-to-use/mind-mapping>



Source: www.learningfundamentals.com.au