

Trials and Tribulations

Use the below links to search and your lesson plans and write an essay on the subject of "test, trials and Tribulations"

<http://www.islamicinsights.com/religion/clergy-corner/the-test-of-life.html><http://www.islamicinsights.com/religion/patience-in-islam.html>

Your essay should address the following questions:

Why do we have tests and trials? What is the purpose behind it? (Try to think of something you went through and came out of it and what thoughts did you have after the test or tribulation)

What if there were no "test and trials"?

How does Almighty test us?

What do the Quran and Hadith say about "trials and tribulations"?

Why are there different "tests and tribulations" for different people?

Include examples (at least 2) of Prophets and Ahlulbayt (the tests, and tribulations they went through)

How did they (above) deal with the tests, trials, and what should be our attitude, behaviour, and thinking when we are going through "tests and tribulations"

What can you ask Almighty? To avert the tests or help you come out of it successfully. Write your thoughts.