

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

In the name of Allah, most Kind, most Merciful



Surat al-Ma'idah, 5:6

وَإِنْ كُنْتُمْ جُنُبًا فَاطَّهَّرُوا

And if you are *junub*, purify yourselves.

Learning Objectives

- To discuss Islamic laws relating to *janabah*
- To explain how one becomes *junub*
- To explain how *ghusl* is performed

Key Words

جَنَابَة

Janabah
ritual impurity

جُنُب

Junub
a person in the state of
janabah



As boys and girls approach the age of *bulugh*, many changes occur in their body. These changes are a normal part of growing up and are part of Allah's design to prepare for adulthood so as to be able to have children. In this lesson, you will learn about some of the changes that boys go through and the relevant Islamic laws.

Janabah

Janabah is a ritual impurity caused by the discharge of semen or by sexual intercourse. A person on whom *ghusl al-janabah* becomes *wajib* is known as a *junub*.

FIQH FACTS

Ruling 345.

If some fluid comes out of the penis and the man does not know whether it is semen, urine, or something else – in the event that it comes out with three characteristics: it is accompanied by lust, it comes out with a gush, and one's body feels weak after it has come out – then that fluid is ruled as being semen; and if none of these three characteristics are present or if even one of them is not, it is not ruled as being semen. However, in the case of a sick person, it is not necessary that the fluid comes out with a gush or that at the time of coming out his body feels weak; rather, if the only characteristic present is that it comes out with lust, it is ruled as being semen.

- 1 Discharge of semen: this could happen when a person is awake, or asleep (in the form of a wet dream). It could be a slight discharge or a lot, and it could be after a lawful or unlawful act. In all cases, if there is a discharge of semen, then *ghusl al-janabah* will be required. It is important to note that semen itself is *najis* and therefore any clothes or bedding that come into contact with it also become *najis*.



- 2 Sexual intercourse: when a man has sexual intercourse with a woman and penetration occurs up to or more than the circumcised part of the penis, both the man and the woman become *junub*.



Ghusl al-janabah

If a person becomes *junub* because of either of the two above causes, then there are certain actions that become *haram* or *makruh* until *ghusl al-janabah* is performed.

NOTE : Before doing *ghusl al-janabah* it is recommended to pass urine to ensure all drops of semen have been released. If one does not urinate, and after performing *ghusl* some fluid comes out, it is considered to be semen.



Actions that are *haram* in the state of *janabah*

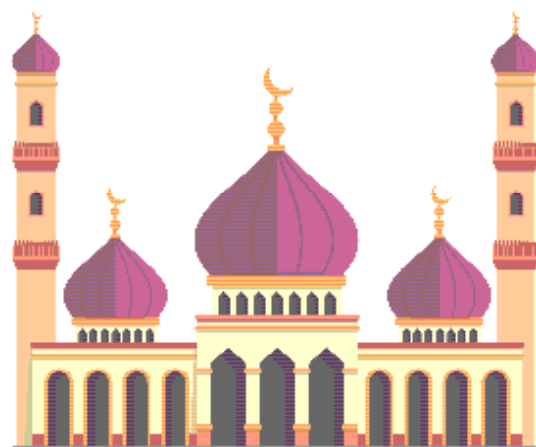
- 1 Touching the writing of the Qur'an with any part of the body, or the name of Allah in whichever language it may be written; and it is better not to touch the names of the *anbiya* and *ma'sumin* (a).
- 2 Entering Masjid al-Haram and Masjid an-Nabawi, even to the extent of entering from one door and exiting from another.
- 3 Staying in other *masajid*; and similarly, based on *ihtiyat al-wajib*, staying in the shrines of the *a'immah* (a). However, there is no problem if a *junub* passes through a *masjid*, for example, by entering from one door and exiting from another.



FIQH FACTS

Ruling 360.

In sequential *ghusl*, one must – based on *ihtiyat al-wajib* – first wash with the intention of *ghusl* the entire head and neck and then the entire body; and it is better to first wash the right side of the body, then the left. In the event that one intentionally or due to being negligent in learning the laws of *ghusl* does not wash the entire head and neck before washing the body, then based on *ihtiyat al-wajib*, his *ghusl* is *batil*. Furthermore, based on *ihtiyat al-wajib*, when performing *ghusl* it is not sufficient to make the intention of *ghusl* when moving the head, neck, or body while they are already under the flow of water; rather, the part that one wants to perform *ghusl* on – in the event that it is already under the flow of water – must be taken out from under the flow of water and then washed with the intention of *ghusl*.





- 4 Entering a *masjid* in order to take something from it; and similarly, based on *ihtiyat al-wajib*, placing something in it even if he does not enter the *masjid* himself.
- 5 Reciting any of the *ayat* for which *sajdah* becomes *wajib*.

Furthermore, one cannot pray *salah* or fast whilst in the state of *janabah*.

Actions that are *makruh* in the state of *janabah*

Ruling 355. Nine things are *makruh* for a *junub*:

- 1 & 2 Eating and drinking; however, if one washes his face and hands and rinses his mouth, then eating and drinking are not *makruh*; and if one only washes his hands, then the level of *makruh* is lessened.
- 3 Reciting more than seven *ayat* of the Qur'an that do not contain a *wajib sajdah*.
- 4 Touching the cover, margins, or spaces between the writing of the Qur'an with any part of the body.
- 5 Keeping the Qur'an with oneself.
- 6 Sleeping; however, if one performs *wudhu*, or on account of not having water one performs *tayammum* in place of *ghusl*, it is not *makruh*.
- 7 Dyeing hair with henna or something similar.
- 8 Rubbing oil on the body.
- 9 Having sexual intercourse after having a wet dream.





Faith in Action

Allah loves those who are pure, both physically and spiritually. Islam has emphasised the importance of keeping one's body physically clean and one's heart spiritually clean through *wudhu* and *ghusl*.

Learn the rules relating to *janabah* and perform *ghusl* as soon as you are able to so that you become spiritually clean. While performing *ghusl*, remind yourself to also keep yourself clean from unlawful thoughts, desires, and actions. If you did perform a *haram* action, ask Allah for forgiveness and resolve never to repeat it.

KEYPOINTS

- 1 A person enters the state of *janabah* after discharging semen, or sexual intercourse.
- 2 Such a person needs to perform *ghusl* before he can pray *salah* or fast.
- 3 Certain actions become *haram* for a *junub*.
- 4 Semen is *najis*.



TEST YOURSELF

- 4 List three actions that are *makruh* in the state of *janabah*.



NOTES